

# Local Needs Assessments: The Good, the Bad, and the Ugly

Al Stein-Seroussi, Ph.D.

Pacific Institute for Research and Evaluation

Chapel Hill, NC

North Carolina MH/DD/SAS QM Conference August 21, 2007

# **Workshop Objectives**

Participants will (I hope) gain an understanding of...

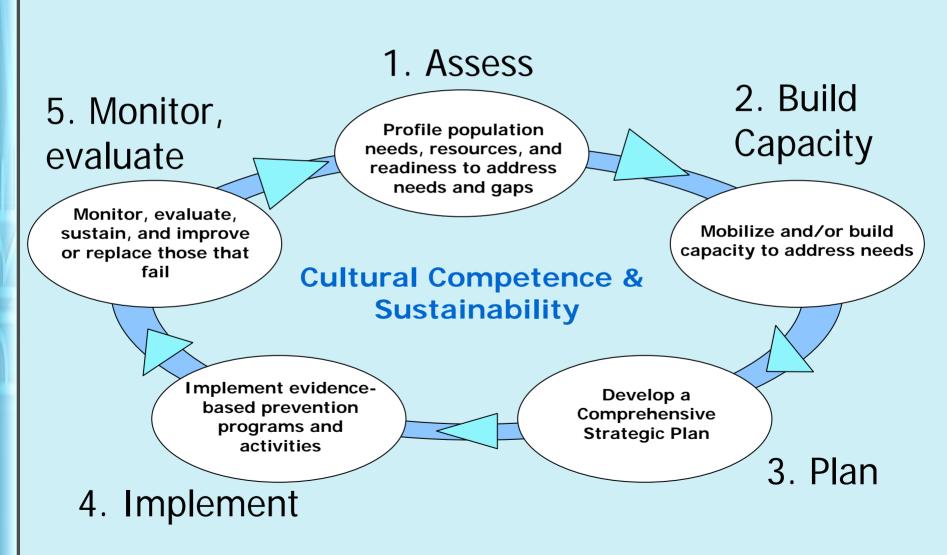
- SAMHSA Strategic Prevention Framework
- The value of good needs assessments
- The foundations of a good needs assessment

### What is the Strategic Prevention Framework?

- SAMHSA-wide planning model for prevention
- Relevant for substance abuse prevention, treatment, mental health promotion, other areas
- Consists of 5 basic steps...
  - Needs Assessment
  - Capacity Building
  - Strategic Planning
  - Implementation of Evidence-Based Programs, Policies, and Practices (EBPPPs)
  - Evaluation and Monitoring

# SAMHSA Strategic Prevention Framework

# State and Community Levels



### **Value of Good Needs Assessments**

- You identify problems that need addressing
- You identify areas where the problems are most prevalent (geographic, subpopulations)
- You begin to identify the logic steps needed to address the problem (capacity, strategies, monitoring, etc.)
- You learn something about your community

### **Basics of a Good Needs Assessment**

- Understand your purpose
  - Are you trying to understand the extent of a problem or trying to prioritize problems?
  - Are you trying to understand the causes/contributors of problems (i.e., problem is already identified)?
  - Do you have a service you want to expand to new clients?
  - Do you want to expand the types of services you provide to your current clients or to new clients?
- Identify a <u>manageable</u> set of logically connected constructs, indicators, measures (may be an iterative process)
- Identify reliable and valid <u>extant</u> data sources
- Identify sound and reasonable methods for collecting primary data, where necessary
- Organize data and spend appropriate time and energy interpreting the data.

### Constructs, Indicators, Measures

#### Constructs

• Broad categories of issues (e.g., mortality, morbidity, crime)

#### **Indicators**

 Specific variables that exemplify the construct (e.g., drug dependence, suicides, alcohol-related traffic fatalities)

#### Measures

 The precise way in which the indicator is made known or is measured (e.g., NSDUH survey items, police reports)

### **Examples of Constructs, Indicators, Measures**

| Constructs                | Indicators                  | Measures  |
|---------------------------|-----------------------------|---|
| Mortality                 | AR traffic fatalities       | Rate of AR traffic deaths per 1,000 Rate of traffic deaths that are AR                            |
|                           | AR suicide                  | Rate of suicides per 1,000  |
|                           | AR homicide                 | Rate of AR homicides per 1,000 Rate of homicides that AR  |
| Health/<br>Injury         | Alcohol<br>dependence/abuse | Rate of population meeting DSM-IV Number of missed days of work Emergency room visits             |
|                           | Cirrhosis                   | Rate of cirrhosis per 1,000   |
|                           | AR trauma                   | Rate of head injuries per 1,000<br>Emergency room visits with AR trauma                           |
|                           | Fetal alcohol effects       | Rate of FAS babies born per 1,000   |
|                           | Domestic violence           | Emergency room visits for dv assault  |
| Crime                     | Alcohol sales to minors     | Retail violations Juvenile arrest rates for purchasing  |
|                           | DWI                         | Arrest rates for DWI Conviction rates of those charged  |
|                           | Violent crime               | Arrest rates for assault, robbery, etc<br>Arrest rates with alcohol involved<br>Reported offenses |
| Educational<br>Disruption | Low academic achievement    | Dropout rate GPA School bonding   |
|                           | Discipline problems         | Rate of AR suspensions/expulsions AR offenses   |

### **Potential Sources of Extant Data**

- National, state, local surveys
- US Census Bureau
- US Department of Education
- FBI's Uniform Crime Reports
- NC DPI
- NC DETECT
- NC DJJDP
- NC DMV
- NC Administrative Office of the Courts
- Local Chamber of Commerce
- Local Law Enforcement
- Local Schools
- Local Hospitals
- Local Providers

Be wary of collecting too much data.... data are only useful if they will be used.

# **Methods of Primary Data Collection**

- Local surveys with rigorous sampling
- Local surveys with convenience sampling
- Focus groups
- Interviews
- Direct observation of behaviors
- Compliance checks/purchase attempts

Be wary of collecting too much data....

data are only useful if they will be used.

## Organizing and Interpreting Data

- Organize data in a useable fashion
  - Prevalence rates (how much?)
  - Severity of consequence (per unit)
  - Trends over time (increase? decrease?)
  - National/state ranking (high? low?)
- Solicit guidance from "experts" on how to interpret data (experts do not need to be Ph.D. epidemiologists)
- Remember your purpose for conducting the needs assessment when you interpret data
- Have an eye towards evidence-based strategies

# Good, Bad, and Ugly

- A good needs assessment adds value to your work
- A <u>bad</u> needs assessment attempts to add value, but falls short because some elements were not successful
- An <u>ugly</u> needs assessment serves no purpose...it is an exercise that wastes time and money

### **Questions?**

#### NC SPF SIG Evaluation Contractor (PIRE)

Al Stein-Seroussi, Ph.D. 919-265-2616 stein@pire.org